If you need medical treatment right away, and your regular physician cannot see you quickly enough, visit one of our urgent care or walk-in clinics. No appointment is needed. Plus, it could save you time and money, and be more convenient than going to a hospital emergency room. Walk-in clinics can treat sinus and ear infections, colds, bronchitis, strep throat, pink eye, sprains, minor burns, skin infections, rashes and cuts. Urgent care centers can also treat minor fractures and cuts that need stitches.

For serious conditions, including the ones listed below, have someone take you to the nearest hospital emergency department or call 911.

- Chest pain, signs of a heart attack or stroke
- Head, neck, spine or eye injuries
- Uncontrollable bleeding
- Major fractures
- Major burns
- High fever
- Breathing difficulty
- Poisoning
- Unconsciousness

Scan the QR code above with your smart phone for a complete list of clinics with phone numbers and maps, and bookmark it for future reference. Or visit www.HealthFirstHealthPlans.org/clinics.
Participating urgent care and walk-in clinics

**Brevard County**

**Cocoa Beach**
Health First Medical Group (U)
105 S. Banana River Blvd. ......................... 321-868-8313

Medfast Urgent Care Centers (U)
275 W. Cocoa Beach Cswy. ......................... 321-799-7777

**Indian Harbour Beach**
Atlantis Urgent Care Center/Walk-In Clinic (U/W)
2254 Highway A1A, Unit 106 ....................... 321-777-2273

**Malabar**
Health First NOW (W)
730 Malabar Rd. ...................................... 321-409-6800

**Melbourne**
Dairy Road Urgent Care (U)
2107-B Dairy Rd. ...................................... 321-956-8224

Medfast Urgent Care Centers (U)
7925 N. Wickham Rd., Suite A .................. 321-751-7222

Premier Urgent Care at Suntree/Viera (U)
6300 N. Wickham Rd., #108 ....................... 321-253-2169

Health First QuickCare (W)
1350 S. Hickory St. ................................... 321-434-1735

Health First NOW (W)
1223 Gateway Dr. ................................. 321-725-4505

**Palm Bay**
4Care Walk-In Clinic (U)
590 Malabar Rd. SE, #7 ........................... 321-676-3535

Castro Medical Clinic (W)
1091 Port Malabar Blvd. ......................... 321-728-7222

Medfast Urgent Care Centers (U)
490 Centre Lakes Drive NE, Suite 200 ...... 321-821-4950

Palm Bay Urgent Care (U)
1155 Malabar Rd., NE #10 ....................... 321-723-3627

**Port St. John**
Medfast Urgent Care Centers (U)
5005 Port St. John Pkwy. .......................... 321-633-8620

Royal Oaks Medical Center (U)
7227 N. US Highway 1, Suite 100 ............ 321-637-1595

**Rockledge**
Medfast Urgent Care Centers (U)
1400 US Highway 1 .................................... 321-735-8960

**Titusville**
Chiron Urgent Care (U)
603 N. Washington Ave., Suite 101 .......... 321-264-7688

Royal Oaks Medical Center (U)
1855 Knox McRae Dr. ............................. 321-269-2028

**Indian River County**

**Sebastian**
Sebastian Urgent Care (U)
801 Wellness Way, Suite 107 .................... 772-226-4200

Sebastian HMA Family Walk-In Care (W)
13840 US Highway 1 ................................ 772-589-2992

**Vero Beach**
Pointe West Urgent Care (U)
1960 Point West Drive, Suite 102 .............. 772-226-4250

(W) Walk-in  (U) Urgent care

Urgent care centers require an urgent center copay. Walk-in clinics may require a PCP office visit copay. For more information on copayments, exclusions and limitations that may apply, please see your plan documents or call customer service.

**Health First**

Health Plans & Insurance

Y0089_MPINFO3352 (2/2014)  Health First Health Plans is an HMO plan with a Medicare contract. Health First offers health care coverage options through two companies. Health First Health Plans, Inc. offers Medicare Advantage and Group HMO and POS (point of service) health plans. Health First Insurance, Inc. offers Medicare Supplement insurance, as well as Group and Individual PPO insurance, including Exchange policies.

Call weekdays 8 am–8 pm, Sat. 8 am–noon ■ 1-800-716-7737 ■ TDD/TTY 1-800-955-8771 ■ www.HealthFirstHealthPlans.org