Diabetes is a leading cause of serious vision problems and even blindness. There are no warning signs for diabetic retinopathy.

At Health First Health Plans and Insurance, we understand that early detection and treatment of diabetic retinopathy can help protect your vision.

Here’s how you can protect your eye health—and receive a $10 gift card—for taking an active role in your diabetes care:

- Have your diabetic dilated eye exam screening with your eye care professional (Ophthalmologist or Optometrist).
- There is no cost to you if you only have the diabetic dilated eye exam screening.
- The screening does not include exams for eyeglass prescriptions or any other services.
- A separate cost share may apply if you have more than the dilated eye exam screening. Let the scheduler know if you plan to have any other services during your visit.
- Your provider may choose to provide diabetic screenings during their regular clinics or may conduct separate diabetic screening days. Contact your doctor for more information.
- Have your eye care provider fax the results of your screening to us at 321-434-4369.
- After we receive your eye exam screening results, a $10 Walmart gift card (not refundable for cash) will be mailed to you within 60 days.

This opportunity is valid for one (1) dilated eye exam screening per calendar year for our current diabetic members.