

For Fully Insured Employer Groups and Individual Members

Need to see a doctor right away?

If you need medical treatment right away, and your regular physician cannot see you quickly enough, visit one of our urgent care or walk-in clinics. No appointment is needed. Plus, it could save you time and money, and be more convenient than going to a hospital emergency room. Walk-in clinics can treat sinus and ear infections, colds, bronchitis, strep throat, pink eye, sprains, minor burns, skin infections, rashes and cuts. Urgent care centers can also treat minor fractures and cuts that need stitches.

For serious conditions, including the ones listed below, have someone take you to the nearest hospital emergency department or call 911.

- Chest pain, signs of a heart attack or stroke
- Head, neck, spine or eye injuries
- Uncontrollable bleeding
- Major fractures
- Major burns
- High fever
- Breathing difficulty
- Poisoning
- Unconsciousness

myAHplan.com

Health First Commercial Plans, Inc. is doing business under the name of AdventHealth Advantage Plans. AdventHealth Advantage Plans does not discriminate on the basis of race, color, national origin, disability, age, sex, gender identity, sexual orientation, or health status in the administration of the plan, including enrollment and benefit determinations.

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Volusia County

AdventHealth Centra Care
Primecare at Twin Lakes

Flagler County

AdventHealth Centra Care
Palm Harbor Family Practice

Seminole County

AdventHealth Centra Care
Jewett Convenient Care Center
Kids Urgent Care

Orange County

AdventHealth Centra Care
Jewett Convenient Care Center
Kids Urgent Care

Osceola County

AdventHealth Centra Care

Brevard County

Atlantis Urgent Care Center
Dairy Road Urgent Care
Health First NOW
Healthy Minors, LLC
Medfast Urgent Care
Palm Bay Urgent Care
Premier Urgent Care at
Suntree/Viera
Surfside Urgent Care

Indian River County

Pointe West Urgent Care
Sebastian Urgent Care

For additional locations and hours visit:

- centracare.org
- mykidsurgentcare.com
- nightlitepediatrics.com

See addresses & phone numbers on the back

Participating Urgent Care and Walk-in Clinics for Group and Individual Plans

Brevard County

Cocoa Beach

Health First NOW

105 S. Banana River Blvd.....321.868.8313

Medfast Urgent Care

275 W. Cocoa Beach Causeway.....321.799.7777

Indialantic

Surfside Urgent Care

325 5th Ave., Suite 204.....321.821.4889

Indian Harbour Beach

Atlantis Urgent Care Center

2254 Highway A1A..... 321.777.2273

Malabar

Health First NOW

730 Malabar Road 321.725.4505

Melbourne

Dairy Road Urgent Care

2107 Dairy Road, Unit B.....321.956.8224

Health First NOW

1223 Gateway Drive..... 321.725.4505

Medfast Urgent Care

7925 N. Wickham Road, Suite A 321.751.7222

206 E. New Haven Ave..... 321.802.3311

Premier Urgent Care at Suntree/Viera

6300 N. Wickham Road, Suite 109 .. 321.253.2169

Merritt Island

Medfast Urgent Care

390 N. Courtenay Parkway321.633.3162

Palm Bay

Medfast Urgent Care

490 Centre Lakes Drive N.E.,
Suite 200A 321.821.4950

Palm Bay Urgent Care

1155 Malabar Road N.E., Suite 10 321.723.3627

Port St. John

Medfast Urgent Care

5005 Port St. John Parkway.....321.633.8620

Rockledge

Healthy Minors, LLC

6525 3rd St., Suite 106..... 321.307.9400

Medfast Urgent Care

1400 Rockledge Blvd.....321.735.8960

Titusville

Health First NOW

603 N. Washington Ave., Suite 101...321.264.7688

Medfast Urgent Care

3045 Columbia Blvd., Suite 108A....321.268.6822

1840 S. Washington Ave 321.360.5577

Flagler County

Palm Coast

AdventHealth Centra Care

1270 Palm Coast Parkway N.W.....386.225.4631

Palm Harbor Family Practice

9 Pine Cone Drive, Suite 102A386.445.6191

Indian River County

Sebastian

Sebastian Urgent Care

801 Wellness Way 772.226.4200

Vero Beach

Pointe West Urgent Care

1960 Point West Drive 772.226.4250

Orange County

Ocoee

Jewett Convenient Care Center

578 Ocoee Commerce Parkway407.654.9825

Orlando

AdventHealth Centra Care

250 N. Alafaya Trail, Suite 135 407.381.4810

12500 S. Apopka-Vineland Road 407.934.2273

630 N. Bumby Ave..... 407.894.3521

8014 Conroy-Windermere Road,
Suite 104407.291.8975

9637 Lake Nona Village Place 407.723.1365

2609 S. Orange Ave 407.203.0656

2301 Sand Lake Road407.851.6478

509 S. Semoran Blvd..... 407.277.0550

5810 S. Semoran Blvd407.207.0601

11550 University Blvd..... 407.384.0080

Winter Garden

AdventHealth Centra Care

3005 Daniels Road 407.654.8186

Winter Park

AdventHealth Centra Care

3099 Aloma Ave 407.677.0961

2540 Lee Road 407.629.9281

Jewett Convenient Care Center

1285 Orange Ave407.599.3710

Kids Urgent Care

2325 W. Fairbanks Ave..... 407.539.0311

Osceola County

Kissimmee

AdventHealth Centra Care

3293 Greenwald Way N407.847.2796

8201 W. Irlo Bronson Memorial

Highway407.465.0846

4320 W. Vine St407.390.1888

Saint Cloud

AdventHealth Centra Care

4660 13th St..... 407.805.4650

Seminole County

Altamonte Springs

AdventHealth Centra Care

440 W. State Road 436.....407.788.2000

Lake Mary

Jewett Convenient Care Center

701 Platinum Point 407.206.4500

Kids Urgent Care

105 S. Country Club Road..... 321.363.4927

Longwood

AdventHealth Centra Care

855 S. U.S. Highway 17-92 407.699.8400

Oviedo

AdventHealth Centra Care

8010 Red Bug Lake Road 407.200.2512

Sanford

AdventHealth Centra Care

4451 W. 1st St407.330.3412

Volusia County

Deland

AdventHealth Centra Care

2293 S. Woodland Blvd..... 386.279.7010

Daytona Beach

AdventHealth Centra Care

1014 W. International Speedway
Blvd 386.872.5044

Primecare at Twin Lakes

1890 LPGA Blvd., Suite 130 386.274.2212

AdventHealth Centra Care

1360 Saxon Blvd 407.200.2300

Ormond Beach

AdventHealth Centra Care

1245 W. Granada Blvd..... 386.317.9055

Port Orange

AdventHealth Centra Care

1208 Dunlawton Ave..... 386.304.7320