Summary of Benefits and Coverage: What this Plan Covers & What it Costs

Coverage Period: On or after 01/01/2021

Coverage for: Individual + Family | Plan Type: HMO

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, http://myAHplan.com/COC HL 2021. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at www.cciio.cms.gov or call 1-844-522-5279 to request a copy.

| Important Questions | Answers | Why this Matters: |
|---|---|--|
| What is the overall deductible? | \$1,000 person/ \$2,000 family | Generally, you must pay all of the costs from providers up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> |
| Are there services covered before you meet your deductible? | Preventive services, maternity office visits (1-15 per year) | This <u>plan</u> covers some items and services even if you haven't yet met the annual <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain preventative services without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered preventative services at https://www.healthcare.gov/coverage/preventative-care-benefits/. |
| Are there other <u>deductibles</u> for specific services? | No, There are no other specific deductibles. | No, you don't have to meet deductibles for specific services. |
| What is the out-of-pocket limit for this plan? | \$5,000 person/\$10,000 family in network | The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> they have to meet their own out-of-pocket limits until the overall family <u>out-of-pocket limit</u> has been met |
| What is not included in the out-of-pocket limit? | Premiums, balance billed charges, non-covered services. | Even though you pay these expenses, they don't count toward the out-of-pocket limit |
| Will you pay less if you use a network provider? | Yes. See http://myAHplan.com/AHAP_MPA_directory_2021 or call 1.844.522.5279 for a list of network providers. | This <u>plan</u> uses a provider <u>network</u> . You will pay less if you use a <u>provider</u> in the <u>plan</u> s <u>network</u> . You will pay the most if you use an out-of <u>network</u> provider, and you might receive a bill from a <u>provider</u> for the difference between the <u>provider</u> s charge and what your <u>plan</u> pays (a <u>balance billing</u> . Be aware your <u>network</u> provider might use an out-of <u>network</u> provider for some services (such as lab work). Check with your <u>provider</u> before you get services. |
| Do I need a <u>referral</u> to see a <u>specialist</u> ? | No. | You can see the <u>specialist</u> you choose without a referral |



All **copayments** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

| Common | Services You May Need | What You | u Will Pay | Limitations, Exceptions, & Other Important | |
|---|--|---|------------------------|---|--|
| Medical Event | | Preferred Provider | Non-Preferred Provider | Information | |
| If you visit a health care provider's office or clinic | Primary care visit to treat an injury or illness | \$30 copay/visit | Not Covered | None | |
| | Specialist visit | \$60 copay/visit | Not Covered | Chiropractor, Podiatry _\$30 copay | |
| | Preventive care / screening /immunization | \$0 copay | Not covered | You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for. | |
| If you have a test | <u>Diagnostic test</u> (x-ray, blood work) | \$0 copay diagnostic labs; 35% coinsurance x-rays | Not Covered | See section IV and V of <u>plan</u> document | |
| | Imaging (CT/PET scans, MRIs) | 35% coinsurance | Not covered | Requires authorization, without which uncovered expenses might become members responsibility | |

| Common | Services You May Need | What Yo | u Will Pay | Limitations, Exceptions, & Other Important Information | |
|--|--|------------------------------|------------------------|--|--|
| Medical Event | Services fou may need | Preferred Provider | Non-Preferred Provider | | |
| If you need drugs to | Preferred Generic drugs | \$2 - \$10 per 30 day supply | N/A | Copay is for 30 day supply retail or mail order. | |
| treat your illness or condition | Non-Preferred Generic drugs | \$5 - \$15 per 30 day supply | N/A | Copay is for 30 day supply. | |
| More information about | Preferred brand drugs | \$10 - \$50 or deductible | N/A | Cost share is for retail, mail order | |
| prescription drug coverage | Non-preferred brand drugs | \$30-\$90 or deductible | N/A | Cost share is for retail, mail order | |
| is available at http://myAHplan.com/MP formulary 2021 | Specialty drugs | \$60-\$100 or 20% | N/A | 30 day supply only, preferred pharmacy only, otherwise not covered. | |
| If you have outpatient surgery | Facility fee (e.g., ambulatory surgery center) | 35% coinsurance | Not covered | Requires authorization, without which uncovered expenses might become members responsibility | |
| | Physician/surgeon fees | 35% coinsurance | Not covered | Authorization may be required. | |
| | Emergency room services | \$300 copay/visit | \$300 copay/visit | See section IV and V of <u>plan</u> document | |
| If you need immediate medical | Emergency medical transportation | \$300 copay/1 way trip | \$300 copay/1 way trip | See section IV and V of plan document | |
| attention | <u>Urgent care</u> | \$40 copay/visit | \$40 copay/visit | See section III.D of plan document for details. | |
| If you have a | Facility fee (e.g., hospital room) | 35% coinsurance | Not covered | Authorization required. | |
| hospital stay | Physician/surgeon fee | 35% coinsurance | Not covered | Authorization may be required. | |

| Common | Services You May Need | What You Will Pay | | Limitations, Exceptions, & Other Important | |
|---|---|---|------------------------|---|--|
| Medical Event | | Preferred Provider | Non-Preferred Provider | Information | |
| If you need mental health, behavioral health, or substance abuse services | Outpatient services | \$20 copay_office visit and other outpatient services | Not covered | Requires authorization, without which uncovered expenses might become members responsibility | |
| | Inpatient services | 35% coinsurance | Not covered | Requires authorization, without which uncovered expenses might become members responsibility | |
| If you are pregnant | Office visits | \$0 per visit 1-15; ultrasounds 35% coinsurance | Not covered | In <u>network</u> visit 16+ subject to <u>Specialist</u> cost share. | |
| | Childbirth/delivery professional services | 35% coinsurance | Not covered | See Section IV_Obstetrical and Maternity Care | |
| | Delivery and all inpatient services | 35% coinsurance | Not covered | Requires authorization, without which uncovered expenses might become members responsibility | |
| If you need help recovering or have other special health needs | Home health care | 35% coinsurance | Not covered | Limit 60 visits per year. | |
| | Rehabilitation services | 35% coinsurance | Not covered | 20 visits per year, per condition. | |
| | Habilitation services | 35% coinsurance | Not covered | 20 visits per condition per year. Limited to treatment of Down syndrome, Autism Spectrum Disorder. | |
| | Skilled nursing care | 35% coinsurance | Not covered | 120 days maximum per year. | |
| | Durable medical equipment | 35% coinsurance | Not covered | Preauthorization is required. Failure to get preauthorization could require you to pay 100% of total cost. | |
| | Hospice service | 35% coinsurance | Not covered | See section IV and V of <u>plan</u> document | |
| If your child needs dental or eye care | Children's eye exam | Included in well child exam | Not covered. | See section IV and V of <u>plan</u> document | |
| | Children's glasses | Not covered | Not covered. | See section V of <u>plan</u> document | |
| | Children's dental check-up | Not covered | Not covered. | See section V of <u>plan</u> document | |

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Acupuncture
- Bariatric surgery
- Cosmetic surgery
- Dental care

- Hearing aids
- Infertility treatment
- Long-term care
- Non-emergency care when traveling outside the U.S.
- Private-duty nursing
- Routine eye care
- Routine foot care
- Weight loss programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

Chiropractic services (limited)

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Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: the U.S. Department of Labor, Employee Benefits Security Administration at 1.866.444.3272 or www.dol.gov/ebsa, or the U.S. Department of Health and Human Services at 1.877.267.2323 x61565 or www.cciio.cms.gov. Other options to continue coverage are available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1.800.318.2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim appeal or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact:

Health First Health Plans Customer Service (weekdays 8am to 5pm)

Phone Toll-Free: 844.522.5279

TDD services for the hearing or speech impaired: 800.955.8771

Fax Number: 855.328.0062

Health First Health Plans Attn: Appeals Coordinator 6450 US Highway 1 Rockledge, FL 32955 www.myAHplan.com hfhpinfo@hf.org

Florida's Office of Insurance Regulation (OIR) Division of Consumer Services
Call 1.877.693.5236. (fully-insured plans only)

Does this plan provide Minimum Essential Coverage? This plan or policy Does provide minimum essential coverage.

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Not applicable

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 844.522.5279.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 844.522.5279.

Chinese (中文): 如果需要中文的帮助,请拨打这个号码 844.522.5279.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 844.522.5279.

To see examples of how this plan might cover costs for a sample medical situation, see the next page.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the cost sharing amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

| Peg is Having a Baby (9 months of in-network pre-natal care and a hospital delivery) | | Managing Joe's type 2 Diabetes (a year of routine in-network care of a well-controlled condition) | | Mia's Simple Fracture (in-network emergency room visit and follow up care) | |
|--|---|--|---|---|---|
| The <u>plan's</u> overall <u>deductible</u> <u>Specialist</u> Hospital (facility) Other <u>coinsurance</u> | \$1,000 copayment \$60 coinsurance 35% coinsurance 35% | The plan's overall deductible Specialist Hospital (facility) Other coinsurance | \$1,000 copayment \$60 coinsurance 35% coinsurance 35% | The plan's overall deductible Specialist Hospital (facility) Other coinsurance | \$1,000 copayment \$60 coinsurance 35% coinsurance 35% |
| This EXAMPLE event includes services like: <u>Specialist</u> office visits (prenatal care) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services <u>Diagnostic tests</u> (ultrasounds and blood work) <u>Specialist</u> visit (anesthesia) | | This EXAMPLE event includes services like: Primary care physician office visits (including disease education) Diagnostic tests (blood work) Prescription drugs Durable medical equipment (glucose meter) | | This EXAMPLE event includes services like: Emergency room care (including medical supplies) Diagnostic test (x-ray) Durable medical equipment (crutches) Rehabilitation services (physical therapy) | |
| Total Example Cost | \$12,700 | Total Example Cost | \$5,600 | Total Example Cost | \$2,800 |
| In this example, Peg would pay: | | In this example, Joe would pay: | | In this example, Mia would pay: | |
| Cost Sharing | | Cost Sharing | | Cost Sharing | |
| Deductibles \$1,000 | | Deductibles \$0 | | Deductibles * \$80 | |
| Copayments \$10 | | Copayments \$600 | | <u>Copayments</u> | \$900 |
| Coinsurance \$3,100 | | Coinsurance \$0 | | <u>Coinsurance</u> | \$0 |
| What isn't covered | | What isn't covered | | What isn't covered | |
| Limits or exclusions | \$0 | Limits or exclusions \$0 | | Limits or exclusions | \$0 |
| The total Peg would pay is | \$4,110 | The total Joe would pay is | \$600 | The total Mia would pay is | \$1,700 |

Note: These numbers assume the patient does not participate in the <u>plan's</u> wellness program. If you participate in the <u>plan's</u> wellness program, you may be able to reduce your costs. For more information about the wellness program, please contact: 1.844.522.5279

*Note: This plan has other <u>deductibles</u> for specific services included in this coverage example. See "Are there other deductibles for specific services?" row above.

The <u>plan</u> would be responsible for the other costs of these EXAMPLE covered services.

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Questions and answers about the Coverage Examples:

What are some of the assumptions behind the Coverage Examples?

- Costs don't include premiums.
- Sample care costs are based on national averages supplied by the U.S.
 Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from participating <u>providers</u>. If the patient had received care from non-participating <u>providers</u>, costs would have been higher.

What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how <u>deductibles</u>, <u>copayments</u>, and <u>coinsurance</u> can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

Does the Coverage Example predict my own care needs?

No. Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

Does the Coverage Example predict my future expenses?

No. Coverage Examples are <u>not</u> cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your <u>providers</u> charge, and the reimbursement your health plan allows.

Can I use Coverage Examples to compare plans?

Yes. When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

Are there other costs I should consider when comparing plans?

Yes. An important cost is the premium you pay. Generally, the lower your premium, the more you'll pay in out-of-pocket costs, such as copayments, deductibles, and coinsurance. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.

English:

If you, or someone you're helping, has questions about AdventHealth Advantage Plans, you have the right to get help and information in your language at no cost. To talk to an interpreter, call 844-522-5279.

Spanish:

En caso que usted, o alguien a quien usted ayude, tenga cualquier duda o pregunta acerca de AdventHealth Advantage Plans, usted tiene derecho a obtener ayuda e información en su idioma sin costo alguno. Para hablar con un intérprete, llame al 844-522-5279.

Haitian Creole:

Si oumenm oswa yon moun w ap ede gen kesyon konsènan AdventHealth Advantage Plans, se dwa w pou resevwa asistans ak enfòmasyon nan lang ou pale a, san ou pa gen pou peye pou sa. Pou pale avèk yon entèprèt, rele nan 844-522-5279.

Vietnamese:

Nếu Quý vị, hay người mà Quý vị đang giúp đỡ, có câu hỏi về AdventHealth Advantage Plans thì Quý vị có quyền được trợ giúp và được biết thêm thông tin bằng ngôn ngữ của mình miễn phí. Để nói chuyện với thông dịch viên, xin gọi số 844-522-5279.

Portuguese:

Você ou alguém que você estiver ajudando tem o direito de tirar dúvidas e obter informações sobre os AdventHealth Advantage Plans no seu idioma e sem custos. Para falar com um tradutor, ligue para 844-522-5279.

Chinese:

如果您,或是您正在協助的對象,有與 AdventHealth Advantage Plans 相關的問題,您有權以您的母語免費取得幫助和資訊。請致電 844-522-5279 與翻譯員洽談。

French:

Si vous, ou quelqu'un que vous êtes en train d'aider, a des questions à propos de AdventHealth Advantage Plans, vous avez le droit d'obtenir de l'aide et l'information dans votre langue à aucun coût. Pour parler à un interprète, appelez 844-522-5279.

Tagalog:

Kung ikaw, o ang iyong tinutulangan, ay may mga katanungan tungkol sa AdventHealth Advantage Plans, may karapatan ka na humingi ng tulong at impormasyon sa iyong wika nang libre. Upang makausap ang isang tagasalin, tumawag sa 844-522-5279.

Russian:

Если у вас или лица, которому вы помогаете, имеются вопросы по поводу AdventHealth Advantage Plans, то вы имеете право на бесплатное получение помощи и информации на вашем языке. Для разговора с переводчиком позвоните по телефону 844-522-5279.

Arabic:

إن كان لديك أو لدى شخص تساعده أسئلة بخصوص AdventHealth Advantage Plans، فلديك الحق في الحصول على المساعدةوالمعلومات الضرورية بلغتك من دون أية تكلفة. للتحدث مع مترجم اتصل بالرقم 527-522-844

Italian:

Se lei o qualcuno che sta aiutando avete domande su AdventHealth Advantage Plans, ha il diritto di ottenere aiuto e informazioni nella sua lingua gratuitamente. Per parlare con un interprete, può chiamare il numero 844-522-5279.

German:

Falls Sie oder jemand, dem Sie helfen, Fragen zum AdventHealth Advantage Plans haben, haben Sie das Recht, kostenlose Hilfe und Informationen in Ihrer Sprache zu erhalten. Um mit einem Dolmetscher zu sprechen, rufen Sie bitte die Nummer 844-522-5279 an.

Korean:

만약 귀하 또는 귀하가 돕고 있는 어떤 사람이 AdventHealth Advantage Plans에 관해서 질문이 있다면 귀하는 그러한 도움과 정보를 귀하의 언어로 비용 부담없이 얻을 수 있는 권리가 있습니다. 그렇게 통역사와 얘기하기 위해서는 844-522-5279로 전화하십시오.

Polish:

Jeśli Ty lub osoba, której pomagasz, macie pytania na temat AdventHealth Advantage Plans, macie Państwo prawo do bezpłatnego uzyskania informacji i pomocy w języku ojczystym. Aby porozmawiać z tłumaczem, prosimy zadzwonić pod numer 844-522-5279.

Gujarati:

જો તમે અથવા તમે કોઇને મદદ કરી રહ્યા હો તેમાંથી કોઇને ફ્લોરિડા હોસ્પિટલ કેર એડવાંટેજ વિશે પ્રશ્નો હોય તો તમને તમારી ભાષામાં વિના મૂલ્યે મદદ અને માહિતી મેળવવાનો અધિકાર છે. દભાષિયા સાથે વાત કરવા માટે 844-522-5279 પર કૉલ કરો.

Thai:

หากคุณหรือคนที่คุณกำลังช่วยเหลือมีคำถามเกี่ยวกับ AdventHealth Advantage Plans คุณมีสิทธิที่จะได้รับความช่วยเหลือและข้อมูลในภาษาของคุณได้โดยไม่มีค่าใช้จ่าย หากต้องการพูดคุยกับล่าม โปรดโทร 844-522-5279.

Nondiscrimination Notice

AdventHealth Advantage Plans complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. AdventHealth Advantage Plans does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

AdventHealth Advantage Plans:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
 - Qualified sign language interpreters
 - Written information in other formats (large print, accessible electronic formats)
- Provides free language services to people whose primary language is not English, such as:
 - Qualified interpreters
 - Information written in other languages

If you need these services, please contact our Civil Rights Coordinator.

If you believe that AdventHealth Advantage Plans has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with: Civil Rights Coordinator, 6450 US Highway 1, Rockledge, FL 32955, 321-434-4521, 1-800-955-8771 (TTY), Fax: 321-434-4362, civilrightscoordinator@hf.org You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance our Civil Rights Coordinator is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Avenue SW., Room 509F, HHH Building, Washington, DC 20201, 1-800-368-1019, 800-537-7697 (TDD).

Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html.