

**Health
First**

Health Plans



Managing Memory Loss

Did You Know?

The **East Central Florida Memory Disorder Clinic** is a collaborative effort between **Florida Institute of Technology** and **Health First Aging Services**. The clinic is funded in part through the State of Florida Department of Elder Affairs. We are one of 15 state funded clinics that provide free memory tests to anyone over the age of 18 who is concerned about memory. Memory tests are not a diagnosis but an important first step in the evaluation process, serving a vital role toward detection and treatment.

Inquiry for Services

A physician referral is not necessary to obtain services. After initial phone contact with our representative, clients will be scheduled for an appointment for free memory screen.

Clients may contact the Memory Disorder Clinic directly at **321.434.7612**.

EAST CENTRAL FLORIDA
Memory Disorder Clinic

3661 S. Babcock St., Melbourne

Call:
321.434.7612

Hours:
Monday through Friday
8 a.m. to 4:30 p.m.

Online:
HF.org/aging

Health First Health Plans is an HMO plan with a Medicare contract.
Enrollment in Health First Health Plans depends on contract renewal. Y0089_MPINFO4815 (08/15)

Managing Memory Loss

Warning Signs of Alzheimer's Disease

- Memory Loss
- Difficulty performing familiar tasks
- Problems with language
- Disorientation to time and place
- Poor or decreased judgment
- Problems with abstract thinking
- Misplacing things
- Changes in mood or behavior
- Changes in personality
- Loss of initiative

An Early Diagnosis Allows a Person to:

- Benefit from treatment that may improve symptoms and help maintain independence and quality of life
- Have more time to plan for the future
- Increase chances of participating in clinical trials that lead to new treatments
- Participate in decisions about care, transportation, living options, financial and legal matters
- Develop a relationship with doctors and care partners
- Benefit from caregiver training and support programs making it easier for them and their caregivers to manage the illness

Additional Services

- Patient evaluations are completed by our geriatricians and advanced registered nurse practitioners, including a review of medical history, medications and full physical examination.
- Social workers meet with the patient and family to assist with assessment of needs, education, support and access to resources.
- Memory testing completed by doctoral candidates from the Florida Institute of Technology School of Psychology, supervised by Clinical Medical Director Neuropsychology.
- Results and a detailed care plan, including treatment recommendations, are reviewed with the patient, family and provided to the patient's physician.

Assessing Services

Medicare and most other insurance will cover your visits. Physician referral is not required for Medicare or Health First Health Plans. For other insurers, check your plan benefits.

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