Aging Well. Living Well.

Health Plans

Did You Know?
Americans are staying active and living longer than ever before. Health First Aging Services is focused on wellness in aging, managing the challenges and impairments some older adults experience.

Who We Are
Care at Aging Services is led by our geriatrician, who is trained specifically to promote health, and to prevent and treat diseases and disabilities in older adults. Working with in-network benefits, our medical team is patient-centered and works in close collaboration with other physicians to improve your health and daily function.

Top 5 Ways Aging Services Help Older Adults
1. Evaluating memory changes: Is it normal aging or something else?
2. Complete evaluation and review of medications
3. Coordination of care for busy caregivers
4. Connection to local community resources
5. Preventing falls and ensuring safety in the home

Services available in our network
Virtual Connections for Medical Care, Support and Education Available

Center for Family Caregivers
- Support Groups
- Education
- Health and Wellness Activities
- On-site Library
- Workshops
- Social Events
- Monthly Newsletter and Activities Calendar

Memory Disorder Clinic
- Memory Screens
- Comprehensive
- Diagnostic Evaluations
  Education
- Health and Wellness Programs
- Support Groups
- Newsletters
- Online Resources

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MEDICARE, HEALTH FIRST HEALTH PLANS AND MOST INSURANCES ACCEPTED

Health First is a joint venture of Health First Health Plans, a Florida licensee of Health First, Inc., and Ser.utc, Inc., and is an HMO plan with a Medicare contract. Enrollment in Health First Health Plans depends on contract renewal. Y0089_MIPINFO4815 (08/15)