Health First’s First Flight Turns 30

Patient: ‘That Mammogram Saved My Life’

eICU Safeguards Brevard’s Sickest Patients
Our team is dedicated to providing the most highly specialized treatment and care so patients can better navigate health care. Convenient locations for you, close to your Brevard home:

- 1130 S. Hickory St., Melbourne
- 225 Cone Road, Merritt Island
- 1421 Malabar Road NE, Palm Bay
- 490 N. Washington Ave., Titusville
- 8725 N. Wickham Road, Viera

To make an appointment, call 855.894.HOPE (4673). To learn more, visit HF.org/cancer.
Diligence paid off for Kate DiIulio.

A month after running in the 2016 Space Coast Half Marathon, the 52-year-old Cocoa woman was going about life and the busy holiday season. But she made time for her annual well woman exam. After her gynecologist found a lump in her breast and read the mammogram, he sent her right to a surgeon.

While the biopsy came back negative, her surgeon, Dr. Joseph Bedway Jr., “didn’t like how it looked.” Post-lumpectomy testing determined it was cancer – Stage 2 invasive ductal cell carcinoma, which had spread to two of her lymph nodes, which were removed.

“If he would’ve said, ‘Let’s just watch and see what happens,’ I would be in big trouble,” DiIulio said. “He really saved me.”

Nearly two years later, DiIulio is cancer-free – and incredibly grateful. She hopes her story will motivate others whose busy schedules might sideline health checkups.

“If I would have skipped that doctor’s appointment, I would have been in big trouble,” DiIulio said. “Just waiting a couple of months would have been huge for me.”

According to the nonprofit breastcancer.org, about one in eight women – or 12.4 percent – will develop breast cancer at some point in their lives.

DiIulio is proof that with early detection, quick action and a dedicated healthcare team, beating the disease is possible.

“That mammogram saved my life,” she insisted.

DiIulio, a senior manager at Bridges, a community based organization that serves adults with disabilities, got serious about her health about 15 years ago, losing 90 pounds and tackling triathlons.

“‘I knew it ran in my family,’” she said, noting her mother and sister were diagnosed with the disease in the past.

Comforting Care

When she met her oncologist, Dr. Asish Dalal, DiIulio was comforted by his directness.

“He was like, ‘OK, calm down. You’re not going to die. We’re going to do this, this and this, and if you do this, this and this, you’re going to be fine,’ ” she recalled. “So I just kind of handed it off to him.”

She found her treatment at the Health First Cancer Institute in Viera to be just what she needed.

“They smile, they remember you, so when you go in again, it’s like you’re family,” she recounted, noting how comforting the nurses, patients and even a therapy dog were.

AFTER SUDDENLY BEING DIAGNOSED with breast cancer and undergoing treatment, runner Kate DiIulio, seated above, is cancer-free – and incredibly grateful.

Being equipped with the knowledge about how to combat cancer helped ease the fear, she said. And not every experience with chemo is the same. Her Wednesday treatments didn’t sicken her, but by Saturday, she’d feel run down.

“I had way more good days than bad,” she said. “Like right after chemo, I’d feel fine. I never really felt nauseous. I never had a problem, the meds worked really well.”

DiIulio said she was able to remain active throughout her treatment, though she had to scale back a bit on the running. She also began swimming.

Another Milestone to Celebrate

The avid runner didn’t miss the annual Space Coast Marathon, opting instead to walk the half-marathon last November alongside a close friend. When DiIulio neared the finish line near the Cocoa Village amphitheater, her friend “had told everybody I was in treatment, so all these people were cheering for me,” she recalled. “I just lost it.”

Now, in addition to having a marathon to run in this year as a cancer survivor, DiIulio has another milestone to celebrate.

“My son was supposed to get married last year,” she said of the 27-year-old. “They postponed their wedding for me. So they’re going to get married in March.”

To learn more, visit HFcancer.org
In 1988, Ronald Reagan was President, space shuttle Discovery led NASA back into spaceflight and, on the local front, Brevard County’s first and only air ambulance program debuted.

This year marks 30 years of Health First’s First Flight – the Integrated Delivery Network’s (IDN) mobile medical unit that flies critically injured patients to the hospital due to an injury or life-threatening illness. With trauma being the Number One cause of death for Americans ages 1 to 46, having a medical evacuation helicopter on call is a critically important to any community.

“I always go back to the fact that my job provides me with the opportunity to help someone in a time of need, big or small,” said Ronnie Watson, a First Flight paramedic. “It is not always about a ‘life-saving’ moment for me. I truly get the same satisfaction from holding the hand of a scared patient as I do performing the intervention that undoubtedly extended someone’s life. I truly feel beyond blessed to be given the knowledge, abilities and opportunity to do my job.”

Has Served 20,000 Patients

Based at Health First’s Holmes Regional Medical Center in Melbourne, First Flight has quickly delivered more than 20,000 patients to receive the emergency care they needed.

“Being able to get to the scene of a trauma or other medical emergency as quickly as possible is crucial,” said Brett Esrock, Chief Executive Officer of Holmes Regional. “When you are severely injured, there is no time to spare. Having a medical helicopter to transport our most critical patients at a moment’s notice has saved countless lives over the past three decades – and certainly many more to come.”

A Look Back

While based in Brevard, First Flight serves beyond the county’s borders. Indian River and portions of Osceola and Orange counties also depend on it for emergency transport.

Operated by Metro Aviation, it can accommodate one patient along with three crew members.

First Flight services began as Care Flight, a flight program based aboard a 350S ASTAR helicopter. The name was changed to First Flight in 1994, due to copyright issues. In 1995, the program contracted with Metro Aviation, which allowed for an upgrade to a BO105 helicopter.

When Holmes Regional became an accredited Level II Trauma Center that same year, First Flight saw its call volume more than double – from approximately 400 flights annually to 855.

In 2000, the flight program obtained their EC-135 twin-turbo engine Eurocopter, which the service continues to use today with the latest medical equipment. First Flight attained its own hangar and maintenance facility in 2004.

The improvements keep coming. Twelve years ago, the air ambulance service began carrying blood for critically ill and injured patients. In 2011, Night Vision goggles were added to the crew’s repertoire.

As of mid-July 2018, there have been:

- Nearly 20,000 patients flown
- 16,500 flight hours logged
- More than 1.7 million miles flown

Answering the Call

The highly trained team includes medical personnel with backgrounds in emergency, critical care, flight and pre-hospital nursing care. Each flight has a pilot, licensed paramedic and registered nurse onboard.

The team can fly one trauma patient at a time. The crew is also equipped to handle delicate circumstances, too – moving high-risk obstetrical patients, as well as cardiac patients who require intra-aortic balloon pump therapy.

“It really has been an incredible asset to the community,” Esrock said. “When someone is severely injured or facing a sudden, life-threatening health crisis, our team is here to assist local responders. First Flight quickly and safely cares for these patients while getting them where they need to be.”
The Space Coast Heart and Soul Dragon Boat Breast Cancer Survivor team won three races and took second in another recently at the 2018 International Breast Cancer Survivor’s Paddling Commission Dragon Boat Festival in Florence, Italy. Health First has been team sponsor since its inception in 2014.

**Health First-Sponsored Dragon Boat Team Wins Big In International Competition**

Space Coast Heart and Soul Breast Cancer Survivor Team Placed 21st out of 125 teams During Recent Competition in Florence, Italy

The Space Coast Heart and Soul Dragon Boat Breast Cancer Survivor team won three races and took second in another recently at the 2018 International Breast Cancer Survivor’s Paddling Commission Dragon Boat Festival in Florence, Italy. Their cumulative times in the four 500 meter races placed them 21st out of 125 teams in the international competition. The team consisted of 26 paddlers, and was joined by members of the Lighthouse Dragons of Jupiter.

Dragonboating was a tradition started in China more than 2,000 years ago, celebrating summer rice planting season and the hope for bountiful crops. While the 41-foot long boat seats 20, with a steersperson in the back and a drummer in front, extra paddlers are brought along as a safety net, allowing the team to rotate them between races.

Health First sponsors the team, and is a big reason the ladies were able to travel to Italy to compete. “I’m so grateful for the opportunity that Health First Cancer Institute has provided to our organization,” said team founder and Captain Beth Gitlin. “The sponsorship and involvement with the founding of this wonderful community organization has greatly contributed to accelerated improvements in the health and wellness of cancer survivors and their supporters over the course of these last four years.”

**Uplifting Experience**

The Space Coast team practices three times a week and ranks eighth nationally and second in the state in the breast cancer survivor division. The event is hosted in a different international city every four years as a way to honor breast cancer survivors.

Gitlin credited Health First with playing a huge role in the team’s success. The Integrated Delivery Network, which has been team sponsor since its inception in 2014, has purchased boats and other equipment to support the athletes at the highest level. “Health First has contributed greatly toward laying a foundation to help our dragon boat team create a unique, inclusive, intergenerational organization of women and men (ages 20 to 70 and over) who uplift each other through role modeling, mentoring, coaching, teamwork and leadership development as we strive for common goals and celebrate numerous achievements as we paddle and compete on the water,” said Gitlin.

To learn more, visit HeartandSoulDragonBoating.org
Short-Term Health Plans Require a Closer Look
Short-term Coverage Seems Cheaper at First Glance, but Health First Health Plans Offers Complete Comprehensive Protection

While new government regulations are allowing consumers more flexibility to buy short-term health insurance plans that are cheaper than those under the Affordable Care Act (ACA), customers should make a pros-versus-cons list to weigh what's really best for them.

The extended plan offerings on the Marketplace are marketed as a less-costly option to ACA plans, frequently providing significantly leaner coverage for buyers. While lower premiums are attractive to those watching their budgets, they aren't always the best fit.

“Recent headlines have outlined changes to ‘short-term limited duration' health plans, allowing consumers to purchase ‘short-term' coverage with lower premium costs,” said Jason Alford, Director of Individual Sales & Product Innovation with Health First Health Plans.

“Consumers should educate themselves regarding these new ‘short-term' options, as many vary significantly from current individual health insurance options in the market.”

Offering Individual health insurance options to individuals and families in Brevard County since 2013, Health First Health Plans now covers over 12,000 Brevard residents with Individual health insurance. The Affordable Care Act has widely broadened access to individual health insurance options.

Alford urged consumers to consider plans’ variations. One example would be what network of providers is available under each program, as well as premium subsidies, which are based upon income requirements. Those subsidies can only be used to purchase qualified individual health insurance, not short-term health insurance.

“Another difference is that qualified individual health insurance includes the 10 essential health benefits required by the Affordable Care Act – maternity coverage, prescription benefits, emergency care, etc.,” Alford said.

“Because qualified individual health insurance is offered during an Open Enrollment Period (November 1 through December 15), it is critical for consumers to understand the differences between short-term and qualified individual health insurance options and select a plan that best fits their healthcare needs.”

Health First Health Plans has Qualified Health Plans offering a wide range of benefits – without penalizing members for having pre-existing conditions.

Below is a comparison breakdown between the two types of coverage:

- **PRE-EXISTING CONDITIONS:** Health First Health Plans won’t deny your application due to an illness or condition you already have, but most short-term plans will.
- **HOSPITALIZATIONS DUE TO INJURY OR SERIOUS ILLNESS:** Health First Health Plans will cover...
this, where a short-term policy will typically have limitations.

- **DOLLAR LIMITS**: Short-term plans typically carry many dollar limits for coverage.
- **MATERNITY CARE**: Health First Health Plans covers maternity care; short-term plans usually do not.
- **PRESCRIPTION DRUG COVERAGE**: Many medications are covered under Health First Health Plans; short-term plans typically do not, and if so, they’re usually sold as a separate rider for generic drug coverage only.
- **DOCTOR VISITS**: With most Health First Health Plans, they’re covered. While some short-term plans will cover these visits as well, a deductible or coinsurance typically applies for all services – or they limit office visits and their related services.
- **GOVERNMENT SUBSIDY**: Health First Health Plans will allow customers to purchase coverage using this additional help with premium subsidies; short-term plans will not.

In addition, Health First Health Plans offers additional perks, such as open access with no referrals, access to more than 4,000 providers (including the Florida Hospital network) and free gym membership options.

To discuss personalized individual health insurance options, contact Health First Health Plans at 877.904.4914 or visit myhfhp.org

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**THE CENTERS FOR MEDICARE AND MEDICAID SERVICES** is offering a new Medicare Advantage Open Enrollment Period, which allows members a one-time opportunity to switch to another Medicare Advantage Plan.

**New Rules Allow Medicare Advantage Members a One-Time Switch**

Starting January 1, Medicare Advantage members who might be second-guessing their health plans have a chance to do something about it.

The Centers for Medicare and Medicaid Services (CMS) is offering a new Medicare Advantage Open Enrollment Period (OEP), which allows members a one-time opportunity to switch to another Medicare Advantage Plan.

“In 2019, you’ll have a new opportunity to switch to a different Medicare Advantage Plan,” said Denizza Hernandez, Health First Health Plans’ Director of Medicare Sales for Brevard County.

“In an effort to ensure beneficiaries are enrolled in plans that best suit their needs and budgets, CMS has resurrected the Medicare Advantage Open Enrollment Period, that will take place from January 1st through March 31st annually.”

These policy changes replace the Medicare Advantage Disenrollment Period (MADP), which had been held January 1 to February 14 annually.

The MADP allows Medicare Advantage members to drop their plans and return to Original Medicare, Part A and Part B, as well as enroll in Medicare Part D, the prescription drug coverage of Medicare.

Now, during the Medicare Advantage OEP, individuals using the OEP to make a change may make a coordinating change to add or drop Part D coverage. Medicare Advantage plans typically offer prescription benefits, where Original Medicare doesn’t (except in specific situations, such as if you’re admitted to the hospital).

With this new OEP, individuals enrolled in either Medicare Advantage Prescription Drug plans or Medicare Advantage-only plans can switch to:

- Medicare Advantage Prescription Drug Plan
- Medicare Advantage only
- Original Medicare (with or without a standalone Part D plan)

The effective date for a Medicare Advantage OEP election is the first of the month following receipt of the enrollment request.

Please note that this Medicare Advantage OEP does not provide an opportunity for an individual enrolled in Original Medicare to join a MA plan. It also does not allow for Part D changes for individuals enrolled in Original Medicare, including those enrolled in stand-alone Part D plans. The MA OEP is not available for those enrolled in Medicare Savings Accounts or other Medicare health plan types (such as cost plans or PACE). To be certain of your options, contact your insurance provider.

Visit myhfhp.org to learn more
Q&A with Annette Osbun, CHRN, BSN

QUESTION: Why did you go into this career?
OSBUN: I wanted a career that would be interesting, challenging and fulfilling. But most of all, I wanted to make a difference in peoples’ lives.

QUESTION: What services do you provide?
OSBUN: Hyperbaric oxygen therapy in an eight-seat multi-place chamber accredited through the Undersea and Hyperbaric Medical Society (UHMS). We also provide wound care, chronic pain management procedures and outpatient transfusion therapy.

QUESTION: What makes this area of medicine fulfilling for you?
OSBUN: Hyperbarics is usually an unknown therapy to most people or is known as the treatment for “diving accidents,” which it is, but it is also so much more
Hyperbarics helps to heal chronic refractory osteomyelitis (infection of the bone), delayed radiation injuries to soft tissue and bones, chronic diabetic ulcers and non-healing surgical wounds. It is so rewarding to see a patient, family member, friend or other medical professional who was skeptical of hyperbarics’ healing capabilities in the beginning become an advocate.

QUESTION: When did you realize this was the right medical career path for you?
OSBUN: I have always looked for new areas to challenge my mind and utilize my nursing knowledge and skills. The field of hyperbarics utilizes the laws of physics and the human body’s physiology to work together to provide a healing method. This was definitely new and challenging for me. Ten years later, it continues to provide an exciting career path.

QUESTION: What’s the latest advancement in your field that will benefit patients?
OSBUN: The Centers for Medicare & Medicaid Services (CMS) recently approved Hyperbaric Oxygen Therapy for Idiopathic Sudden Sensorineural Hearing Loss and Central Retinal Artery Occlusion. There are several diagnoses, including Post-Traumatic Stress Disorder (PTSD) and Traumatic Brain Injury (TBI) that are not currently approved by CMS but are the subject of many research studies with promising positive results. This is exciting news.

QUESTION: What is your best advice for current and potential patients?
OSBUN: Hyperbarics does not provide an immediate response. It takes time. Therapy usually starts with 30 treatments (one a day) Monday through Friday.
Patients practicing healthy living, such as blood glucose control, smoking cessation, weight management and appropriate wound dressing changes along with hyperbaric oxygen therapy will experience the best healing results.

ANNETTE OSBUN, CHRN, BSN
Assistant Nurse Manager Annette Osbun, CHRN, BSN, is based at Health First Wound Care, Hyperbarics, Pain Management and Outpatient Transfusion, 5191 Babcock St. NE, Palm Bay.
She has a Bachelor of Science in Nursing from Marshall University and is a Certified Hyperbaric Registered Nurse.
Osbun started her nursing career at St. Mary’s Hospital in Huntington, West Virginia, where she worked for three years in the Medical Intensive Care Unit (MICU). Osbun then relocated to Orlando and worked pre- and post-operative in an outpatient surgical department.
Upon moving to the Melbourne area, she started her more than 20-year career with Health First at Health First’s Holmes Regional Medical Center in the Cardiovascular Intensive Care Unit (CVICU). Osbun later transferred to the Post-Anesthesia Care Unit (PACU) at Holmes Regional and also worked in various PACU departments throughout Health First. In 2000, she transferred to Pain Management at Holmes Regional, working in the clinic, pre-operative and PACU departments. In 2007, Osbun expanded my knowledge and skill set to Wound Care and Hyperbarics.
To contact Osbun, email Annette.Osbun@Health-First.org

ASSISTANT NURSE MANAGER ANNETTE OSBUN, CHRN, BSN, is based at Health First Wound Care, Hyperbarics, Pain Management and Outpatient Transfusion, 5191 Babcock St. NE, Palm Bay.
Breast Reconstruction Procedures:

- DIEP Free Flap Reconstruction
- Implant-Based Reconstruction
- Latissimus Dorsi Flap Reconstruction
- Nipple Areola Complex Reconstruction
- Oncoplastic Breast Reduction

Mary
Breast Cancer Reconstruction Patient

“I came from the depths of despair and found joy again. I was in a deep dark place, until Dr. Collis made me whole again.”

-Mary

George N. Collis, MD
Board-certified plastic and reconstructive surgeon

Health First Medical Group Gateway Building, Suite 2B
1223 Gateway Drive, Melbourne, FL 32901

Call 321.549.0541 to schedule a consultation
Tucked inside of Health First’s administrative offices off U.S. 1 in Rockledge is one of Brevard’s best-kept healthcare secrets – Health First’s Electronic Intensive Care Unit, or eICU.

“It’s an amazing remote telemedicine unit that not too many people know about,” said Luann Tirelli, Director of VitalWatch eICU. “It’s an extra set of eyes and ears caring for the Health First ICU patients to help improve their outcomes.”

For 14 years, Health First has utilized this added layer of safeguarding its most critical hospitalized patients, combining telemedicine, software and 24/7 electronic monitoring technology, here in Brevard.

“Since the VitalWatch eICU started in 2004, almost 2,000 moms, dads, grandparents and relatives who were not expected to leave the ICU did so because of the extra vigilance and collaboration of the eICU and hospital teams,” Tirelli said.

The eICU allows critical-care physicians and nurses to monitor real-time vital signs, laboratory results and the electronic medical records of patients using sophisticated technology for the six ICUs in Health First’s four hospitals – Health First’s Holmes Regional Medical Center, Health First’s Cape Canaveral Hospital, Health First’s Palm Bay Hospital and Health First’s Viera Hospital.

This eICU care team is housed at the central location in Rockledge, where staff can direct a patient’s care with live audio and video, all securely transmitted over private data lines, ensuring each patient’s privacy and security.

Dr. James Shaffer, Medical Director of the eICU, explained that the benefit of VitalWatch lies in its ability to leverage increasingly scarce resources over large areas.

“Intensivists, ICU nurses and pharmacists continue to be in increasing demand. “The benefits are for the patients in the ICU, especially at night, when there’s not as much rapidly available support,” Shaffer said.

“So, it’s exciting that you can take this technology and turn it into a program that – with the click of a mouse – can help someone in pain in Palm Bay Hospital, and then check on a patient at Cape Canaveral Hospital who has a fever, and then turn attention to Holmes Regional Medical Center and give a life-saving blood transfusion, all from a remote location.”

The eICU presence is something that is reassuring to relatives of critically ill as well. John Shackelford’s loved one was recently admitted to Palm Bay Hospital’s ICU. He saw VitalWatch in action.

“It was on the night she was starting to have high heart rates,” he said of VitalWatch’s rapid response. “All of the sudden, the camera was on, and the doctor was there.”

The eICU has helped really improve the outcome of the patients,” said Dr. Zaki Elmaghraby, who cares for critically ill patients in Health First’s ICUs. “The role has been really crucial and very important.”

To date, there has been a:
- 64 percent reduction in loss of life across Health First’s ICUs
- 23 percent reduction in overall mortality across the four hospitals as a whole
- 49 percent reduction in ICU length of stay
- 35 percent reduction in lengths of stay throughout the four hospitals

VitalWatch monitors more than 10,000 patients each year across Health First’s 102 ICU beds, serving as a supplement – helping to recognize problems quickly and treat them sooner.

Patient care is managed using proprietary software that electronically connects patients to a nurse and doctor 24/7, using evidence-based care guidelines to be even more proactive. Cameras and microphones in each patient room allow care teams to make virtual rounds from the home base.

Thanks to this additional physician and nursing support, there is always an extra set of eyes on ICU patients.

Better Outcomes

Health First has seen a significant impact since VitalWatch was folded into the community healthcare system.
Since 1995, Health First has demonstrated the meaning of quality patient care in Brevard County. One way the Integrated Delivery Network (IDN) does this is by employing an excellent team of nurses, supported by leaders and community members. They work to sustain a pipeline of talent in a tough and demanding industry through a variety of outlets.

**Summer Internships**

An elite program in Brevard, Health First's Summer Nurse Internship offers a highly competitive, hands-on course that allows students to learn from professionals daily for eight weeks.

“They quickly learn what to anticipate in a professional nursing career and gain clinical experience for possible future employment at Health First upon graduation,” said Paula Just, Health First's Chief Human Resource Officer.

This paid internship is a staple in the Bachelor of Science in Nursing industry across the country and internationally. Awa Nyassi enrolled in the 2017-18 program. Originally from New Gambia, Africa, Nyassi is in her senior year at Berea College in Kentucky. Nyassi says the internship has given her the confidence to one day provide urgent care to the people in her hometown.

“I feel like back home, they need people like me who experienced this and have nursing skills, so I think it’s really important,” said Nyassi.

Other students say they, too, have an emotional connection.

Anisa Mead wants to follow in the footsteps of her mom, a former nurse at Health First's Holmes Regional Medical Center.

“We’re a lot alike, so it’s awesome,” said Mead, in her senior year at the University of North Florida. “I always looked up to her.”

Chelsea Covington says it's the exceptional nursing care her mom received while battling breast cancer that inspired her.

“It's my time to return the favor to another patient, and give them the same care they gave my mom,” said Covington, a senior at Georgia Southern University.

**Foundation Help**

For years, the Health First Foundation has provided millions of dollars to help Health First nurses earn their Bachelor of Science degrees in Nursing (BSN). These include:

- July 2018: $62,500 in scholarships for 25 nurses
- 2017: $77,500 for 31 scholarships
- 2016: $105,000 for 41 scholarships

Research shows improved survival and earlier recognition of deteriorating conditions when there are more bedside BSN nurses. In the past three years, Health First has seen a 33 percent increase in these associates.

**On-site College**

Health First has partnered with the University of Central Florida (UCF), to bring nursing classes to the Health First Center for Learning the past three years.

This location is ideal for students in Brevard County. Instead of driving an hour or more to UCF, they can now have the same classroom experience there.

“Since we’ve started this program, we’ve had more and more nurses signing up each year,” said Just. “We’re committed to advancing education and applying new knowledge and skills to serve our patients at the highest level possible.”

**CMA Program**

Health First is also partnering with Eastern Florida State College. Thirty students enrolled in the yearlong Certified Medical Assistant program for 2018-19. These students were also hired as Health First associates, while the Foundation covers their tuition for the program’s duration. Upon completion, these associates move into Medical Assistant roles with Health First Medical Group, committing to remain with Health First for two years.

“The Medical Assistant career field is one of the most rapidly growing healthcare professions,” said Just.

“Our goal is to drastically increase the pipeline of people choosing this for a career path, and we are completely shifting the value proposition to do it. With this program, students will have their tuition paid, so they may finish school with no school loans and are guaranteed a job when they successfully complete the program. We see this as a win-win.”

Visit HF.org/careers
#GIVING TUESDAY
Save the Date
for #GivingTuesday on November 27

Health First will once again be a part of #GivingTuesday, a global day of philanthropy to kick off the holiday season of giving, on November 27, 2018. This year, we ask you to make a gift to benefit the Health First Cancer Institute and our mission to provide world-class cancer treatment close to home.

Follow us on Facebook to see and hear stories directly from the patients we serve at the Cancer Institute.

Mark your calendar for November 27, 2018, and go online to HFgive.org/givingtuesday to make your gift.

Call us at 321.434.7353 to learn more about how you can be a part of #GivingTuesday.