

After receiving the COVID-19 vaccine, you may experience some side effects which are normal signs that your body is building protection against the virus. These side effects may affect your ability to perform daily activities, but they should go away within a few days.

## Common Side Effects

On the arm where you received the shot:

- Pain
- Swelling

Throughout the rest of your body:

- Fever
- Chills
- Tiredness
- Headache

## Helpful Tips

If you have pain or discomfort, talk to your doctor about taking an over-the-counter medicine, such as ibuprofen or acetaminophen.

To reduce pain and discomfort at the injection site:

- Apply a clean, cool, wet washcloth over the area.
- Use or exercise your arm.

To reduce discomfort from fever:

- Drink plenty of fluids.
- Dress lightly.

## When to Call the Doctor

In most cases, discomfort from fever or pain is normal. Contact your doctor or healthcare provider:

- If the redness or tenderness at the injection site increases after 24 hours
- If your side effects are worrying you or do not seem to be going away after a few days

If you receive a COVID-19 vaccine and you think you may be having a severe allergic reaction after leaving the vaccination site, seek immediate medical care by calling 911 or going to the nearest emergency room.